



**columbus family dental care**  
David A. Dixon, DDS and Associates

## **CROWNS, BRIDGES, INLAYS & ONLAYS, and PORCELAIN RESTORATIONS (VENEERS)**

The following information regarding your new restoration is important. Please read it carefully.

Do not eat anything until the local anesthetic has worn off and you are no longer “numb.”

All of the dental restorations listed above have two things in common: they are made by an outside dental laboratory and they are cemented or bonded in place. They can be made using either metal (gold), porcelain (white or tooth-colored), or a combination of each; and, they are the most definitive way to restore a tooth, stronger and more esthetic than the usual amalgam (silver) or resin (white) filling.

Generally, you should not eat anything for about two hours following placement, after which you can resume your normal eating habits. You will most likely experience some sensitivity to cold drinks or foods. Slight soreness in the gums is a possibility as well. This could last from a few days to several weeks, but will gradually subside. Occasionally, hot or sweet things may bother the tooth as well – this too will subside. If, however, you notice some tenderness to the pressures of chewing, it may mean that the bite needs adjusted. Give it a few days to see if it settles down, otherwise give our office a call.

You must understand that some teeth behave differently than others. And while we can't predict how a newly-restored tooth will react, we can reassure you that whatever the response, it will be temporary. Please be patient.

As with natural teeth, avoid chewing excessively hard foods (hard candy, ice, etc.) on teeth with porcelain restorations. Extreme forces or trauma can break or chip porcelain just like natural teeth. Do not bite hard objects with only one tooth, and use care in sports or other potentially traumatic situations. An all-metal crown however, will never break.

You should brush and floss thoroughly as soon as you get home. Be gentle - but thorough - for the first few days.

Regardless of which restoration you have, you can expect it to look beautiful and last for many years. If your new restoration fails for any reason such as decay, or porcelain breakage, we will replace it, or repair it, at no charge for a period of 2 years, but you must maintain your regular cleaning and exam visits. If any problems arise, or if you have any questions, do not hesitate to call our office.

Thank you,

*Columbus Family Dental Care*

1645 Holt Road • Columbus, OH 43228  
Phone: 614-878-1397 • Fax: 614-878-1336  
[www.columbusfamilydentalcare.com](http://www.columbusfamilydentalcare.com)

*A General Dentistry Practice*